



# NCPAT Conference: Enhancing the Effective Components of Batterer Intervention

July 25-26, 2019

Northwest AHEC  
475 Deacon Blvd.  
Winston-Salem, NC 27105

Register online at [northwestahec.org](http://northwestahec.org)

## Program Overview

We hope you will join us for this year’s conference where we will identify the ingredients of effective intervention models, and context-specific strategies to enhance those elements. Using risk prediction studies, controlled trial research, and qualitative studies of client and facilitator perspectives on batterer intervention, we will identify several elements of effective interventions.

Participants will learn about several empirically-supported strategies to reduce client hostility and enhance motivation to change, as well as examine their group facilitation styles, identifying personal strengths and areas for growth.

This training will encourage the use of both verbal and non-verbal facilitation skills to stimulate vigorous and meaningful group interactions and review intervention strategies that can help clients enhance self-regulation. The role of childhood adversity, trauma and problematic socialization will be considered.

## Pre-Conference: Strength at Home Thursday, July 25, 2019

In a special pre-conference session, we will have an introductory workshop on “Strength at Home,” a Men’s program for active duty or military veterans who have engaged in intimate partner violence.

## Who Should Participate

This conference will be beneficial to providers of abuser treatment, law enforcement, social workers, victim advocates, clergy, health care professionals, peer support specialists, marriage and family therapists, licensed professional counselors, substance abuse counselors and psychologists.

As part of its commitment to diversity and inclusion, the Northwest AHEC and Wake Forest Baptist Health provides compassionate education and respectful care for all, regardless of sexual orientation, gender identity or expression.

## Objectives

Upon completion of this program, participants will be better able to:

- Identify the ingredients of effective intervention models.
- List strategies to reduce client hostility and enhance motivation to change.
- Apply both verbal and non-verbal facilitation skills to stimulate vigorous and meaningful group interactions.
- Practice intervention strategies that can help clients enhance self-regulation.
- Discuss the role of childhood adversity, trauma, and problematic socialization.

Jointly Provided by: NC Providers of Abuser Treatment (NCPAT), NC Council for Women, Mecklenburg County Community Support Services and Northwest Area Health Education Center (AHEC), a program of Wake Forest School of Medicine and a part of the NC AHEC System.



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## Agenda

### Day 1, Thursday, July 25, 2019

#### Pre-Conference Strength at Home

- 1 pm **Welcome / Introduction**
- 1:15 pm **Trauma and its Effects (brief overview)**
- 1:45 pm **Break**
- 2:45 pm **Basic Principles of Trauma-Informed Care as Applied to**
  - **Assessment**
  - **Awareness**
  - **Treatment**
- 3:15 pm **The Strength at Home Program for Veterans Who Use Violence**
  - **Program Structure**
  - **Session Content and Process**
  - **Controlled Trial Research**
  - **Dissemination / Implementation in the VA System**
- 5 pm **Adjourn**

### Day 2, Friday, July 26, 2019

#### NCPAT Conference: Enhancing the Components of Batterer Intervention

- 8 am **Registration and Continental Breakfast**
- 8:30 am **Introductory Talk: The Effective Elements of Batterer Intervention: Perspectives from Research and Practice**
- 10 am **Break**
- 10:15 am **Reducing Client Resistance and Motivating Change**
- 12 pm **Lunch (NCPAT Meeting)**
- 1:15 pm **Building a Supportive Group Environment**
- 2:15 pm **Break**
- 2:30 pm **Building a Supportive Group Environment**
- 4:30 pm **Adjourn**

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## Faculty

**Christopher M. Murphy**  
**Professor, Department of Psychology**  
**University of Maryland, Baltimore County**

## Credits

### **Pre-Conference: Strength at Home**

- 3.75 Contact Hours from Northwest AHEC
- This program will provide 3.75 contact hours of (Category A) continuing education for North Carolina psychologists. **No partial credit will be given.**
- This program does not provide specific NBCC Credits. However, per LPC licensure guidelines, you may submit up to 15 contact hours of continuing education by attending programs by affiliates of the National Area Health Education Center Organization (NAO). Northwest AHEC is a member of the NAO.

### **NCPAT Conference: Enhancing the Components of Batterer Intervention**

- 6.25 Contact Hours from Northwest AHEC
- This program will provide 6.25 contact hours of (Category A) continuing education for North Carolina psychologists. **No partial credit will be given.**
- This program does not provide specific NBCC Credits. However, per LPC licensure guidelines, you may submit up to 15 contact hours of continuing education by attending programs by affiliates of the National Area Health Education Center Organization (NAO). Northwest AHEC is a member of the NAO.

### **Both Pre-Conference and Conference**

- 10.0 Contact Hours from Northwest AHEC
- This program will provide 10.0 contact hours of (Category A) continuing education for North Carolina psychologists. **No partial credit will be given.**
- This program does not provide specific NBCC Credits. However, per LPC licensure guidelines, you may submit up to 15 contact hours of continuing education by attending programs by affiliates of the National Area Health Education Center Organization (NAO). Northwest AHEC is a member of the NAO.

## Location



**Northwest AHEC**  
475 Deacon Blvd.  
Winston-Salem, NC 27105

## Lodging

Lodging is available at the state rate, \$71.20 plus tax at Courtyard Marriott University, 3111 University Parkway, Winston-Salem, North Carolina 27105. Individuals may call the hotel directly at 336-727-1277 or toll free at 800-321-2211 to make reservations. When registering **online**, please use the code NWAR.

## Registration

	NCPAT Members Early Registration	NCPAT Members after July 12, 2019	Non-Members Early Registration	Non-Members after July 12, 2019
Full Conference (both days)	\$125	\$150	\$275	\$300
Day One Only	\$50	\$75	\$125	\$175
Day Two Only	\$100	\$125	\$250	\$275

### ***Become a Member of NC Providers of Abuser Treatment (NCPAT) and save on conference fees!***

#### **NCPAT Membership Dues**

**\$50**—Individual membership

**\$100**—Institutional membership for programs with 1-10 staff, including contract staff

**\$150**—Institutional membership for programs with over 10 staff, including contract staff

**Register and pay online** at [www.northwestahec.org](http://www.northwestahec.org) or complete and return the attached registration form. Payment by credit card (Visa, MasterCard, American Express), cash, money order, personal check or corporate check is accepted.

**Payment Policy**—Payment is required on or before entrance into any Northwest AHEC activity. If a corporate payment has not been received prior to the activity start date, you will be required to provide a personal credit card or check. If and when the corporate payment is received, Northwest AHEC will issue a full refund based on your original form of payment. To avoid personal payment, you should check with the financial staff at your organization to determine status of payment.

**Refund Policy**—Cancellations received in our office at least two weeks (14 business days) before the activity will receive a 100% refund. Registrants cancelling between two weeks and two full business days before the first day of the event will be refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee. The registration fee will not be refunded if a cancellation fee is received less than two days before the activity. **Cancellations must be in writing (fax, email or mail).** You may send a substitute in your place.

When planning for an educational activity, registration fees are not based on credit hours or agenda. Registration fees are based on expenses such as meeting room rentals, food, equipment, staff, etc., and are not adjusted by issues such as cancellation of speakers or other unforeseen circumstances. Every effort will be given to ensure the activity is a success.

If you have not received confirmation of your registration 24-hours before the program date, please call Carty Beaston at 336-713-7754, or email [cbeaston@wakehealth.edu](mailto:cbeaston@wakehealth.edu), to verify the status of your registration.

Note—Registering for and attending this program authorizes Northwest AHEC/Wake Forest School of Medicine to take pictures to be used for the Center’s publications, website (including social media sites) and presentations. If you do not wish to be photographed, you may opt out of photographs the day of the activity.

## For More Information or Assistance

If you have questions about registering for this activity or need auxiliary aids or special services to attend, please contact Carty Beaston at least five working days before the activity by calling 336-713-7754 or emailing [cbeaston@wakehealth.edu](mailto:cbeaston@wakehealth.edu).

